Bondi with Troy

Private coastal tours with Troy Storm Quinlan, as seen on Bondi Rescue



On the Bondi coastal walk



First light on Sydney Harbour

I've spent two decades lifeguarding at Bondi. Stand with me above the beach and tell me which patch of water you'd pick for a swim. Then I'll show you what I look for on patrol.

Walk Bondi with a lifeguard

90 MINUTES TO 2 HOURS

Meet at Marks Park and follow the coast past Icebergs to the sand. Read a set of waves with Troy, hear the story of a rescue he worked on and stop for the questions guests have always wanted to ask. A shorter promenade route can be agreed in advance.

Dawn on Sydney Harbour

ALLOW ABOUT 2 HOURS

Launch a kayak from Rose Bay before the city wakes. Troy chooses a route for the morning's conditions and the guests' confidence. Allow about 90 minutes on the water. A briefing, fitted life jackets and paddling equipment are included.

Take the coast road

GUIDED OR SELF-GUIDED

Have Troy as your host for several days on an agreed stretch of the NSW coast, or ask him to build an Australian itinerary you can follow yourself. It comes with realistic drives, lookouts, places to eat and a wet-weather option. You can also combine the two.

Plan a private visit

Enquiries from March 2027 through 2028 and beyond. Advisers and team managers can start with a month, group size and the time their guests have free.

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Watch the 25-second film **See a sample day (PDF)** **Plan a private trip**